

Activity / Attraction	Information	Link to website and further information
Reelig Glen Tall Trees Trail	Fabulous, forest trails start a short walk away from your chalet	Reelig Glen Tall Trees Trail
Forestry and Land Scotland Walks and Activities	More information about Reelig Glen and other Inverness forests, on the Forestry and Land Scotland website and further maps and guides to forests, walks and activities throughout Scotland	www.forestryandland.gov.scot/visit
Glen Affric forest walks	Coire Loch, Dog Falls and Plodda falls walks are great - head in the direction of Beauy village and turn left off the A862 just after crossing the Lovat Bridge, before the village, onto the A831. Take a picnic and some change - there are parking fees for the forestry car parks. Loos are at Dog Falls car park.	
Glenmore Forest Park	Further afield, near to Aviemore, is the Glenmore forest park. Several walks here - Loch Morlich is very popular - an inland beach on the loch surrounded by forest with fantastic views to the Cairngorms. Also, walk the Ryvoan Trail to An Lochan Uaine (the Green Lochan)...green because it's where fairies wash their clothes!	
The Black Isle – Beach and Walks, Dolphin Spotting and Cave Exploring	Cromarty - There's lots to see on the Black Isle - visit Cromarty, at its tip - do the Cromarty Explorer walk, visit Hugh Miller's Cottage, the Cromarty Court House, restored East Church and grab a yummy lunch in this fantastic historic village.	www.walkhighlands.co.uk/lochness/cromarty www.cromarty-courthouse.org.uk www.nts.org.uk/visit/places/hugh-millers-birthplace

	<p>Rosemarkie & Fortrose - Also on the Black Isle is our family's favourite beach - Rosemarkie. There's dolphin spotting at Chanonry point, Fortrose, not far away - park at Rosemarkie and walk along the beach towards Chanonry lighthouse (there's limited parking at the lighthouse and can be busy at peak times).</p> <p>Dolphin activity is influenced by tidal conditions - the best time to see them is usually on a rising tide. From around 1 hour after low tide, the tide turns and dolphins start to chase fish in. There is no guarantee of seeing dolphins but you can maximise your chances. Click the link to check the weather and tide times.</p>	<p>www.tidetimes.co.uk/fortrose-tide-times</p>
	<p>If you walk in the opposite direction to the lighthouse, there are some caves to explore. There are 19 sea caves along the coast between Rosemarkie and Cromarty, some easier to find and access than others - the first, 'Cairds Cave', is easily accessible at any time. After that, access beyond Skart Craig to more caves is only possible at mid to low tide - there is a danger of being cut off, so please check the tide times before venturing further. 'Second Cave' is interesting, has a large stalactite and is quite easy to find and we like the third cave, 'Through and Through', which takes a little more detective work to locate. All grid references and additional safety and project information can be found on the Rosemarkie Caves Project website</p> <p>Also at Rosemarkie is the lovely Fairy Glen Walk – start close to the car park on this easy wooded walk, with waterfalls and mill ponds.</p> <p>Refreshments are available at the Rosemarkie Beach Café – great for a cuppa and a slice of homemade cake.</p>	<p>RosemarkieCavesProject</p> <p>RosemarkieFairyGlenWalk</p> <p>RosemarkieCafeFacebook</p>
<p>Rothiemurchus Estate</p>	<p>Also near to Aviemore - you'll find trout fishing, clay shooting, high ropes walk and more. The walk at Loch an Eilean is a good family circular around the loch through pine forests, with views to the castle on the island</p>	<p>rothiemurchus.net</p>
<p>Walkhighlands</p>	<p>This website is a great resource for walks in the local and wider Highlands</p>	<p>www.walkhighlands.co.uk</p>
<p>Visit Inverness Loch Ness</p>	<p>The main destination website for our area - lots of information on there about walks, activities and days out</p>	<p>visitinvernesslochness.com</p>

Visit Scotland	This site has visitor information, days out ideas and activities for all of Scotland	visitscotland.com
Historic Environment Scotland (HES) - formerly Historic Scotland	HES has many visitor attractions - Urquhart Castle is a must see locally - it's on Loch Ness - just over half an hour drive away - a morning visit is best, as it can get very busy. Check online for opening and any Covid-related visitor number/opening restrictions. Visit the castle by water – take a cruise on Loch Ness with one of these local operators.	www.historicenvironment.scot www.jacobite.co.uk www.cruiselochness.com
National Trust for Scotland's Culloden Battlefield and visitor centre	Also a popular site to visit. Take a look at nearby Clava Cairns too (HES site)	www.nts.org.uk/visit/places/culloden
Wildlife and Dolphin spotting from the water	A friendly, local boat tours' company based at Inverness Marina – Dolphin Spirit. Wildlife watching on the Moray firth with this Cromarty, Black Isle based boat trips with Ecoventures	dolphinspirit.co.uk www.ecoventures.co.uk
Outdoor Activity Providers	There are many outdoor activities to take part in and lots of activity companies in the Highlands. In Your Element is great local company – they organise guided canoe trips and gorge walking in the Inverness and Loch Ness area – well worth a look.	iye.scot